

VOICE OF THE RESIDENTS

VOL.XXXIV, NO 7

BROADMEAD, COCKEYSVILLE, MD

March, 2012

Time, Talent and

6.7 Terabytes Keep Broadmead Connected

By Bernie Anderson

It takes a lot of talent, time and money to run Broadmead. It also takes 6.7 terabytes.

That's the amount of storage capacity contained in the 11 servers installed in the Broadmead Center for running the telephone and data networks that support both administration and residents. Just so you know, a 'terabyte' is roughly one trillion (10^{12}) bytes; and a byte is a single character of information, be it numeric or alphabetic. Broadmead's storage is enough to hold over 850 full-length DVD movies.

Maintaining these servers, or computers, is only a part of the job of Broadmead's Information Systems (IS) Department, managed by Shane Ladner, ably assisted by Leonard House. Accounting Assistant Robin Kelley provides administrative support.

Information Systems responsibilities lie in three major categories: Life Safety Systems, Networks and Residents Assistance.

Life Safety Systems include the fire alarm system; the nurse call system; the elopement (wandering) prevention system for residents who wear wrist bands; and the closed circuit TV systems including security cameras. There are two networks. One is for administration and the other is a separate secured network for the Outpatient Department (OPD). Of the attached devices on both networks, 98 per cent are hard wired and the remaining are wireless. The 11 servers support 204 work station end points (printers, computers, copiers). The OPD network will be the base for the new electronic medical records systems under development. Both networks are available only in the Center.

Residents assistance is available on an "as needed" basis, with such service subject to a billable rate of \$35 per hour. Requests for help are handled by Robin Kelley. Both Shane and

Leonard provide assistance to residents, usually involving training and resolving problems with PC or Apple computers. Most residents use a PC. Availability of such assistance is secondary to maintaining the Broadmead systems.

The IS Department is the first line of support for servicing cable TV and some 130 resident

telephones on the Broadmead 443-578 system. TV service is provided by Comcast, while telephone is provided by a tier-two provider, named "Broadview Networks", which interfaces with Verizon. In both cases, however, the provider is usually responsible only for the service up to its entry into the Broadmead complex. IS maintains all of the wiring and connectivity on campus.

Shane's office is in the back of the lower-level Administration area, which is the control center for Broadmead IS. His job description is a four-page document describing his job's essential functions along with summaries of his responsibilities for electronics, cable TV, telecommunications and computer support.

When asked what the future holds for technology at Broadmead, Shane said he had to consider both cost and aesthetics. Asked specifically about fiber optics (*e.g.* Verizon's FIOS service), he said that it is highly unlikely that Broadmead could install that service even if the wiring were available at the entry point to our campus. It would require replacing the existing underground cabling which would be quite expensive and have a negative impact on the Broadmead environment. He said, however, that newer technology would soon be available that could utilize the existing coax cabling system and provide faster and higher quality service than currently available. No time schedule was suggested.



Broadmead Welcomes

By Nancy Allchin and Natalie Bellows

William Kilian

B-18 443-578-8330 December 2011

Bill has moved from Mercy Ridge to Broadmead where his one-story apartment makes it easier to take his cockapoo Midge on her daily walks.



He grew up in Long Island and right after high school he joined the U.S. Army of Occupation in Germany. With the two-year obligatory service requirement completed, he entered Cornell University where he earned a B.S. Degree in Agriculture.

He worked for Ferry Morse Seed Company and later joined Merck as international marketing director. During his

28 years there he traveled around the world three times.

Bill is a widower. He and his wife Gloria lived in New Jersey and raised a daughter Amanda, who now lives in Timonium. He has two grandchildren.

Since retiring Bill has devoted more time to his life-long hobby of painting oil portraits, many of which are of family members. He reads and studies daily an inspirational book, entitled *A Course in Miracles*.

EDITORIAL POLICY

THE VOICE is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry feature articles, essays and poems written by residents and staff, of interest to Broadmead residents, plus material assigned by the editors. As its major goal is to promote a sense of community, *THE VOICE* does not publish criticism of individuals or of the three organizational bodies that comprise Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. *THE VOICE* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule *THE VOICE* will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed. The decision of the Editorial Board in regard to publication shall be final. Those submitting articles should retain copies as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want no article to run to more than one page, no copy may exceed 600 words in length. All copy is subject to editing and cutting. All submissions should be typed and, if possible, sent by email attachment to voice@broadmeadra.org, with a hard copy in *THE VOICE* box opposite the copy machine in the BRA office.

Presidential Primary Voting Schedule

Tuesday, March 13

Voter Registration Deadline
at Board of Elections
(Sue Schlenger, M-5, will register voters until March 9, and will also have absentee ballots)

Tuesday, March 20

Voters Guide prepared by
Baltimore County League
of Women Voters
to be distributed at Broadmead

**Saturday, March 24-Thursday,
March 29**

Early Voting 10 a.m.-8 p.m.
(except Sunday, noon-6 p.m.)
Towson University plus four
other locations to be announced

Tuesday, April 3

Presidential Primary Election
Broadmead is a polling place
7 a.m. - 8 p.m.

**Questions: Board of Elections
410-887-5700**

New-Old Instruments Arrive at Broadmead

By Phyllis Olson*

Ever since I arrived at Broadmead and said that I play the viola da gamba, people have, understandably, been asking what kind of an instrument that is.

Answering the question is difficult because there is so much to say about it that just a few words won't do.

To describe it briefly, it is a stringed instrument similar to a guitar, except that instead of being plucked, it is played with a bow. Like the guitar, it has six strings and is fretted; the frets make it possible to get a clear ringing tone. The tuning of the viola da gamba (English name, viol, with accent on the Vi) is almost identical to that of the guitar, which is tuned in fourths with a third strategically placed in the middle to make it easier to play chords. In contrast, the modern violin, viola or cello has only four strings, which are tuned in fifths.

The viol bow is also different. It is held with the hand below the stick, palm up, while modern string players hold the bow overhand.

Because of these differences, it is incorrect to assume that viols are the ancestors of modern stringed instruments.

It is generally agreed now that the violin came to the fore as an adaptation of the popular fiddle of the time, because it was able to project a rich, brilliant tone that would carry well in a concert hall. Over half a century or more, the violin family gradually supplanted the elegant, aristocratic family of viols.

A bit of viol history: it was developed about 1450 in Spain as an adaptation of the vihuela, an early Spanish guitar, which like the modern guitar had six strings and frets. The chief innovation of the viol's creators was to round the bridge and play the instrument with a bow.

Performance on the viol soon spread to Italy and then throughout Europe. Henry VIII, for instance, had viols and even had Italian musicians to play them at his court. The name "viola da gamba", meaning "leg viol", was adopted to distinguish the instrument from the "viola da braccio", or "arm viol". All viols, regardless of size, are held downward between the knees, somewhat like cellos.



Phyllis Olson showing her tenor and treble viols.

Photo by Nancy Boyce

Viols were popular from the 15th century through to the mid-18th, although the violin family began to supplant them around 1680. The music of the Renaissance is very suitable for them, especially "chansons", popular melodies set in contrapuntal style.

A number of chansons and other works of the period are for three instruments and constitute a wonderful repertoire to draw from. The recorder and the viol are proper instruments for this music, and the modern viola can fit in well as a substitute for another viol. So it is no wonder that when I found Natalie Bellows and Jean Wilson here at Broadmead, I was immediately inspired to try to get us together to play. Such good luck. It all worked out, and for more than a year now we have been having a very good time playing trios every week.

*(*Phyllis, a graduate of the Eastman School of Music, has spent her career playing stringed instruments including string bass with the Baltimore Symphony Orchestra. She is co-chair of the Broadmead Residents Association Music Committee. The Broadmead Renaissance Trio has been playing at vesper services here.)*

The Community Quilt Tells Many Personal Stories

by Elborg Forster

When you have finished reading this article, go to the Lounge and find a blue three-ring binder decorated with the picture of a blue *scutellaria japonica*.

It will show you beautiful photographs, courtesy of Bob Davies, of the 33 squares that make up the community quilt created under the leadership of Virginia Schurman and now displayed on the west wall of the auditorium.

Then go to look at the quilt again. You will recognize that the Broadmead logo in the center and the four corners gives unity to the quilt and that the other squares are subtly arranged according to matching or contrasting color schemes, abstract or concrete design.

Some of us were fortunate enough to attend the little ceremony that officially inaugurated the display. It not only told us about the technical problems that had to be overcome, but also allowed the contributors to this lovely work to comment on what they had in mind when they made their squares.

All of this is highly personal. Virginia Goodkind said that she had some unfinished quilted squares among her possessions and that it made her sad that she had never put them together. Now her semi-abstract designs of jacks-in-the box and log cabins are prominent in the quilt.

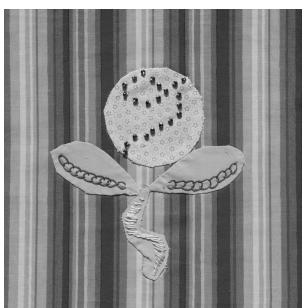
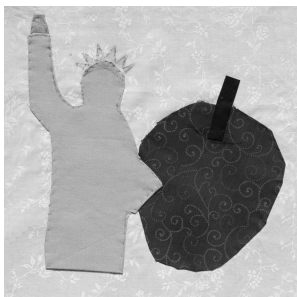
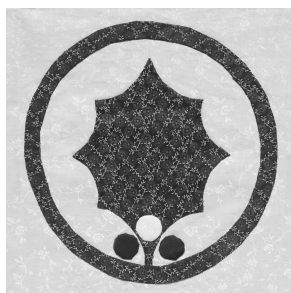
Bobbie Siebens combined eight triangles into a virtual history of all the things she has

ever enjoyed, ranging from family, friends, art and birds to the barn sale. And another of her squares is dedicated to a joyful evocation of music by way of bright green material surrounding musical notes on a white background.

Dosia Laeyendecker shows her odd-shaped little house in her native Amsterdam, as well as a lady in an old-fashioned flowered dress and bouffant hairdo enjoying her tea at four o'clock as she dreams of bright summer flowers that erupt in four other squares.

Teru Mottley hesitated to bring a grim note into the quilt, but let herself be persuaded that her family's experience during World War II was too important to her to be left out. So she created a map of the United States that showed the ten internment camps where Japanese-Americans, among them her parents, were interned from 1942 to 1945. She placed the map on a piece of authentic Japanese material that she cut off a kimono, and she doesn't mind that it is now 10 inches shorter.

All the other squares are just as beautiful and interesting. To find out everything, go back to the quilt and look at the binder in the lounge.



Go to the Residents Association Website

to see how bright and handsome these squares (and all the other pictures in *The Voice*) look in color.

Google and then click on Newsletter/Broadmead Residents Association



The Broadmead Community Quilt now enjoys a place of honor on the wall of the Auditorium. *Photo by Bernie Anderson*

Broadmead Residents Association Concert Series

Sunday, March 11 - 2 p.m.
Auditorium

Baltimore Choral Arts Society

The program will include Haydn's *Awake the Harp* from *The Creation*;
plus a medley from *My Fair Lady*.

Adventures in Learning

will present a five-program series
April 11, 18, 25; May 2, 9

*Victorian England and
Revolutionary France, 1789-1914*
featuring residents Rhoda Dorsey, Ph.D
and Robert Forster, Ph.D

Each 90 minute session will allow
1/2 hour for discussion.
All are welcome.

Multicultural Committee More on Quilts

Wednesday, March 14 - Auditorium
11:30 a.m. 12 noon 12:30 p.m

Watch the Gee's Bend Quilt Video

Meet the quilters, hear their stories.
See their quilts. Bring your lunch.

**Display of a quilt made by
Kitty Anderson-Signals of the
Underground Railroad**
All residents and staff invited.

*(The Underground Railroad quilt
talk at the Hampton Mansion
will be rescheduled)*

Celebration of Women's History Month

Saturday, March 31
7 p.m., Auditorium

Dr. Lena Ampadu on
Zora Neale Hurston's
African-American folklife
*(Co-sponsored with Saturday Night
programs)*

Broadmead Residents Health Care Committee Lecture Series

10:30 a.m. Auditorium

March 13

Heart Health
Stacy Young, Registered Dietitian

March 20

Cured Cancers in Broadmead Residents
Robert Jonegan, MD

Broadmead Knitters Donate Over 300 Sweaters

by Elborg Forster

You have seen the women knitting away while listening to a lecture, talking to a friend or having a cup of coffee. "What are they knitting?" you wonder as you catch a glimpse of pastel material. Here's the answer.

In 2005 resident Georgia Erlbeck found a brochure entitled *Knit for Kids* in the waiting room of a hospital. It was published by a Pennsylvania-based organization called World Vision which organizes the distribution of sweaters to poor children in this country and all over the world.

Georgia was already a good knitter. And since her retirement from the Federal Reserve Bank, she had produced and donated to hospitals dozens of knitted hats for newborns. Deciding this was a cause worth supporting, she went to work.

Having bought some washable yarn as instructed by *Knit for Kids*, she started to knit sweaters in small, medium, and large sizes, always using the same pattern. Then she recruited other knitters, some of whom had to be re-taught a skill they had forgotten since the days of their youth.

Before long Georgia had an informal group of about ten knitters who continue to donate materials and labor to this charity.

Assiduously collecting coupons to reduce the cost of the yarns, they produce a steady



Georgia Erlbeck has dozens of women knitting and purling for poor children all over the world

Photo by Nancy Boyce

supply of beautiful sweaters. Periodically Georgia sends off packages of 10 sweaters to the Pennsylvania organization, which since 2005 has received some 300 sweaters from the Broadmead group.

The knitting group's members greatly enjoy the thank-you notes and the pictures of kids wearing their sweaters.

Opera Video

Friday, March 16 - 7 p.m. Auditorium

Pagliacci

Opera by Ruggiero Leoncavalli, starring
Placido Domingo and Teresa Stratas
Metropolitan Opera

Moving Around Broadmead

	<u>From</u>	<u>To</u>
Bill Benson	H-214	R-6

Wednesday Worship

1st Wednesday of month, 10:30 a.m.

Episcopal Communion

Holly Terrace - Flex Space

Sponsored by Sherwood Episcopal Church

2nd Wednesday of month, 10 a.m.

Catholic Mass

Holly Terrace - Flex Space

Sponsored by St. Francis Xavier Church

Love of Ornithology Provides Leader for Spring Bird Walks

By Anne Allen B. Dandy

My early interest in birding was sparked by a Roger Torey Peterson lecture on the Galapagos Islands held at Woods Hole on Cape Cod in 1964. Husband Walter, our 13-year-old son and I were mesmerized by the pictures of the rugged environment, the variety of birds and other indigenous wildlife.

We carried along a copy of Darwin's 1830 *The Beagle*, when we finally toured the islands in 1972. We were pleasantly

surprised to find that very little had changed since Darwin's descriptions.

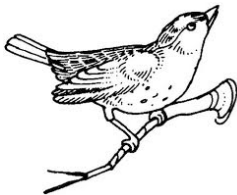
Birding expeditions took us to Trinidad/Tobago, Costa Rica, the Amazon, Alaska and many other sites over the

following 30 years and then closer to home. With our younger children, we joined the annual Maryland spring bird count at Ocean City, where an exhilarating chorus of voices heard on a 5 a.m. expedition was identified.

Broadmead's Nancy Rowe introduced us to the Hawk Mountain, PA, migration. Walter and I volunteered to lead children's tours at the Cylburn Arboretum and to serve as guides at Irvine. Walter purchased a watercolor of a Carolina wren by Sandy, an artist at Irvine. This bird is a favorite of ours. It builds a tubular nest in a hanging basket on our porch from which we can watch the surviving fledglings. Their easily recognized, clear call is heard all year at Broadmead.

The nurses in the Intensive Care Unit at the Union Memorial Hospital presented Walter with a sculpture of the Carolina chickadee upon his retirement as director of the ICU. An earlier inquiry had revealed it to be his favorite. It calls its name, "dee-dee-dee," and has a unique ability to hang upside down while feeding.

Dot Gustafson and I look forward to leading Saturday walks starting in early May.



Conservation Alert

Reminder to all cluster residents. Read carefully the new labels that should be on the collection bins in your recycle shed. Containers numbered 1 through 7 can now be recycled. Cardboard boxes that have been flattened should go in the bin for magazines--not in with the newspapers.

Cluster reps should appoint a cluster monitor in charge of the recycle shed. That responsibility includes delivering plastic bags to a recycle bin at Giant or Wegmans.

Remember the cleaning staff in your apartment does not recycle newspapers or magazines that you discard. You should take them to the recycle room yourself.

Reduce the water you consume when you take a shower. How? Organize what you need close at hand and push the water saver button on the shower head when you are soaping up, assuming that's what you do. *Sally Bloomer*

Bird Watching in the Woods and Meadows of Imagination

(In deference to the Broadmead birdwatchers, here's a list of "virtual" bird names that equal the famous "yellow belly'd sapsucker")

By Flo Dunlap

The painted woodland tease
 The quick-footed strike
 The plain brown tree rapper
 The hoary-backed evening sulk
 The least likely fly snatcher
 The silver crested dick missel
 The yellow bellied twit
 The rufous-rumped bed lark
 The blue throated sales hawk
 The baffelheaded geezer
 The cardinal sinner
 The lager-headed souse
 The vermilion coated lap dancer
 The wee Scottish sandpiper
 The common spotted chest drummer
 The solitary flatulated clapper
 The adolescent booby-hatcher

Smooth Jazz Performed at February Concert



Text and photo by Jerry Green

Broadmead was treated to the smooth jazz sounds of the Mark Meadows Jazz Trio last month as part of the BRA's 2011-12 music season. Pianist Mark Meadows, left, generally started each piece with a seemingly unrelated set of chords of different syncopation and inversions. He then smoothly morphed this sound into an easily recognizable theme. Bass player Shaun Simon, center, and drummer Eric Kennedy then joined in, each improvising in turn and each taking solo turns. The combined sound was smooth yet complex while at the same time appearing as if coming from one individual. Mark and Shaun would often play off each other in a "call and response" manner while supported by integrated rhythms. Impressive was the way Shaun took a theme and played a figuration around each principal note, yet the underlining theme was still easily recognizable.

A truly memorable performance.

Holly House Designation Expected at March 8 Hearing

A compromise appears to be within reach in regard to Holly House and Broadmead's proposed new comprehensive care center. At issue has been the desire to retain Holly House, which long predates Broadmead and which many believe has historic value, and the need to locate the new center within easy walking distance of the Community Center.

In a communication to residents, CEO Rich Compton said that the Board of Trustees, on the recommendation of the Ad Hoc Comprehensive Care Center Committee, has decided to retain Holly House in its current location whether or not Baltimore County awards it "landmark" status.

"Based on an earlier assessment by the Landmarks Preservation Commission, the den and courtyard portion of the house can and will be removed since they are not part of the historical structure," he said. The new center will be constructed between Holly House and the employee parking lot. A no-build area will allow the House to be seen from the roadway. While the specific design is still under development, the Trustees have agreed on an allotment of space and two primary buildings, with two and three stories, covering 36,000 square feet. The difference in height has to do with the slope of the land. The Center is to be built such that another level could be added in the future.

Broadmead has been "working collaboratively with representatives of the Landmarks Preservation Commission" and is close to an agreement, Compton said. Originally to have been heard at the February 9 meeting of the Baltimore County Landmarks Preservation Commission, the Holly House review was postponed to March 8 to permit more time for all to come to a mutual understanding, he said.

In a report to the Residents Association Board of Directors, Bob Davies, BRA liaison to the Board of Trustees, said two locations are being considered for building in the available open spaces, neither of which will affect the historic portion of Holly House. Both locations would include a covered walkway attached to the rear of Holly House. Drawings are expected to be available for review in September.



Let's Dance

Monday
March 12 - 7 p.m.
Lounge
Everyone Welcome

End-of-Life Planning **Attorney Explains Wills, Advance Directives, Taxes and Charitable Gifts**

By Mary Frances Wagley

"Everyone who is going to die needs a will," Attorney Edwin Fee told an attentive Broadmead audience in answer to his own question about who needs such a document.

Where there is no will, Maryland law will determine the distribution of an estate in a manner not necessarily in accord with a decedent's wishes, he said. He also urged a review of how assets are held that pass outside of probate and not under a will.

Fee, a Towson trust and estate attorney, was invited to present "A Check List for Your Financial Health" by Broadmead's Development Committee, which is encouraging gifts and bequests to Broadmead that may have both income and tax advantages for the donors.

Stressing the importance too of Health Care Directives, also called Advance Directives and Living Wills, and the Financial Power of Attorney, Fee recalled several unhappy family scenarios where these documents did not exist. He brought sample Health Care Directives and Financial Powers of Attorney as handouts.

Broadmead's Outpatient Department continually stresses the need for an Advance Directive in which one puts in writing the type of care desired and names the person(s) whom you will want to make decisions when you are no longer able to do so.

A Financial Power of Attorney names a person as a financial fiduciary who will make financial decisions for you when you don't want to or are unable to make them any longer.

Fee explained that a will cannot direct the distribution of assets held in joint ownership, in an insurance policy, IRA, a 401-K or other instruments which name beneficiaries, and urged everyone to review how their assets are held. Trusts may also be used to

distribute assets and to extend distribution to future generations.

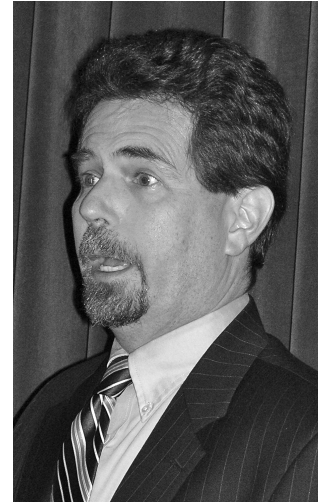
The disposition of tangible property like art, jewelry, silverware or furniture, if listed in a will, may be costly to revise if you change your mind. You may, however, make note in your will that you have left such a list. That leaves you free to change your mind without incurring legal fees.

Finally, the speaker went over some of the details of estate taxes levied by the federal government and by the state of Maryland. Through the year 2012 both the

exemptions and the rates are generous. For federal estate taxes there is an exemption of \$5 million indexed for inflation and a rate of 35 per cent.

In 2013, unless Congress acts, the rates will revert to prior ones which are much less generous. This year looks like a good one to find a copy of your will and review it with your lawyer, he said.

He also noted that charitable bequests reduce the amount of one's taxable estate and may have not only estate tax advantages, but immediate income tax advantages.



Attorney Edwin Fee

New Residents

Betty Lou Anderson	R-14
Ann Berman	A-7
J. Courtland and Sally Robinson	E-8
Beth Zimmerman	R-9

When Best Laid Schemes of Mice and Men Gang Aft Agley

By Ted Wilson, MD, summarizing a talk he recently gave for the BRA Health Care Committee Lecture series.

When Robert Burns, the Scottish poet, saw a little field mouse all upset because her nest had been destroyed by a plow, he penned a poem entitled *To a Mouse*, which included a line saying "The best laid schemes of mice and men gang aft agley." And it is true that we can do everything possible to stay healthy but things may go wrong.

In the case of the digestive system that surely is true. Cancer can strike in any part of the tract from tongue to anus. Some cancers give early warning or are found in screening tests like a colonoscopy and can be cured. Others quietly grow large and spread before being detected, as is the case with pancreatic cancer.

Today diagnostic tools are quite sophisticated and the combination of surgery, radiation therapy and chemotherapy produce better results than in the past. But cure rates in some cancers are still low.

There is a group of diseases we could call "itis" problems such as esophagitis, gastroenteritis, pancreatitis and colitis. These are inflammatory conditions that may result from bacterial, viral or chemical action. Food poisoning, after a church picnic where the potato salad has sat too long in the sun or where improperly canned green beans or mushrooms have been served, causes inflammation of the stomach and intestine. Esophagitis occurs when acid from the stomach, regurgitated into the esophagus, may eventually cause a stricture or cancer.

Cholecystitis may require removal of the gallbladder. Pancreatitis may destroy the digestive enzymes needed to break down fats and proteins, causing damage to the cells that produce insulin.

And there are two devastating diseases of the colon called ulcerative colitis and Crohn's disease which can make life miserable and may eventually require surgical removal of

parts or all of the colon. In the latter case, one is left with an ileostomy, where the small bowel is brought out through the abdominal wall to the skin and liquid contents empty into a bag.

In this country it is unusual for parasitic diseases to occur, but those who travel to countries where sanitation is poor or food inspection is limited or absent may pick up amoebic dysentery or a variety of worms which damage the intestinal tract. Examples would include tapeworms and round worms.

Then there are food sensitivities that cause distress such as intolerance to lactose or spices. There is adult-onset celiac disease that requires avoiding gluten, a protein which damages the absorbing villi which line the small bowel. Gluten is found in wheat, rye and barley and is present in a huge number of breads, cookies, cakes and prepared foods so it is not easy to avoid.

Irritable bowel syndrome is a very common condition with cramps, bloating, diarrhea or constipation. Efforts to determine the cause usually come up empty and treatment is often not satisfactory. It is the digestive system telling the victim it is unhappy but won't tell why.

Perhaps the fact that the autonomic nervous system, which controls the digestive tract, has connections to the deep area of the brain, responds to the same chemicals as the regular nervous system, and may be influenced by emotions, has something to do with this perplexing condition. There may be some truth in the statement that "the bowel is the sounding board of the emotions."

Garden Plots Available

There are a few plots available in the fenced-in-garden area. If you would like one, contact Bob or Susie Fetter (E-2)

443-578-8228

Occupy Movement Raises Multiple Civil Rights Issues

By Kitty Stierhoff

A spontaneous outbreak, aimed at a perceived concentration of power and wealth in the hands of a few, has brought on the Occupy Movement, changing the topic of national conversation.

The original protest on Wall Street, advocating economic equity, captured the imagination of thousands, spread across the country like wildfire, and resulted in many weeks of occupation in Baltimore parks.

Discussing the movement, the First Amendment Right to Assemble and its effect in Baltimore at a recent Open Forum, David Rocah compared the movement to the Arab Spring. Rocah, a staff attorney for the American Civil Liberties Union (ACLU) of Maryland, said, however, that where the Arab Spring raised great sympathy around the world, the Occupy movement in the United States has been met with official hostility.

Providing some historical background on public protests, Rocah cited the Bonus Army protest for back pay in 1932, the Poor Persons Campaign and the 1984 Homeless Rights protest. Camping in protest in public parks is nothing new, he said.

The current occupiers have felt they were exercising their First Amendment rights, while authorities often believe they are trespassing, disturbing the peace and breaking the law, especially in communities like Baltimore where laws prohibit camping in public parks.

Laws differ from state to state and their interpretations have often turned into conflicts, some brutal. Rocah commended Baltimore authorities and police for their restraint, resulting in a peaceful eviction. He said that organizations like the ACLU work with local authorities to arrive at an accommodation so far as is possible to both points of view. In other cities, where there was an illegal use of force, ACLU lawyers have gone to court.

Rocah emphasized that the ACLU regards the United States Constitution as its client not

the occupiers. Representing the Constitution has resulted in the ACLU demanding rights for many unpopular groups, best known of which were the neo-Nazis demanding to march in a Skokie, Illinois, Jewish neighborhood.

As the weather has grown colder, things have slowed down and many encampments either disbanded or were shut down. There are, however, still a few active groups around.

Since the decampment in Baltimore, a small active group remains. They are protesting funds for a new juvenile jail, saying those funds would be better used to stop the closings of recreation centers, equating the loss of recreation centers to the need to lock up more kids.

Rocah said the Occupy protestors are made up of all kinds of people: poor people, rich people, middle class, young, old, homeless, blacks, whites, Hispanics and Asians. Their message is "a cry out about, and a protest of, a perceived concentration of political power and wealth in the hands of a few and the way in which our national conversation and politics is being dominated by a small minority at the expense of the majority," he said



David Rocah

Open Forum

7 p.m. Auditorium

Friday, March 2

What Is the Financial and Economic World Coming to?

Carl Christ, Ph.D, Professor Emeritus
Johns Hopkins University

Thursday, March 15:

Psychiatry: Past, Present and Future

Robert Roca, MD, MBA, MPH,
Vice President and Medical Director
Sheppard Pratt Health System

124 Taken Sick All Activities Cancelled Infection Hits “Cruise Ship” Broadmead

By Frank Iber, Penny Partlow and Marcia Reinke

It was brief but vicious. A misery-making combination of vomiting, diarrhea, abdominal cramps, headache, fever and chills that left the afflicted bedroom-and-bathroom bound, and all of us experiencing the longest quarantine in Broadmead history....at least so far as anyone interviewed could recall.

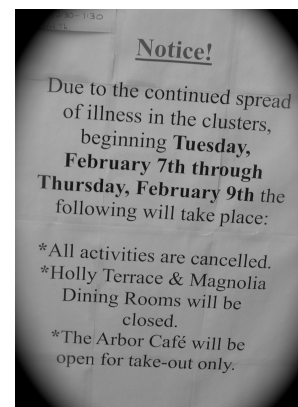
At press time, 124 persons associated with Broadmead had had the “bug”, described as a gastro-intestinal norovirus spread by hand-to-mouth contact and counterattacked by vigorous hand washing. Of that number, 37 were in the licensed areas and 47 were in the cluster apartments. According to Kris George, Director of Inpatient Nursing, 40 staff members took ill.

George reported also on a message received from the Maryland Department of Health. Ours was one of 30 outbreaks of the norovirus in the state in February, of which 83% were in assisted living or nursing facilities.

The first symptoms were experienced here by a staffer January 16, upstairs in the licensed areas. The Baltimore County Board of Health was advised when two more people were taken sick. A total of 28 inpatient resident cases and

more than 20 employee cases were identified before there were cluster illnesses.

“We are not mandated to call the Board of Health but we look to them for guidance,” said Outpatient Director of Nursing Heather Heiler, who



immediately initiated the counterattack and spearheaded the operation over the next several days. “The first thing we did was to ask everyone who was taken ill what they recently had had to eat, and with whom they had sat at a dining room table. There was no common denominator,” she said.

When the bug hit the clusters, “it was all over the place,” she added, indicating no common source. The main outbreak in the clusters occurred the weekend of February 4-5, by which time there were no new cases upstairs.

At a special meeting for residents, organized by the Residents Association Health Care Committee February 14, and entitled “Infection Aboard the Cruise Ship Broadmead,” Drs. John Dowling and Barbara Carroll told an audience of 108 about the vomiting-diarrhea-dehydration illness and how it was contained. Dr. Dowling, a resident and an expert in infectious diseases, reviewed the types of bacteria, toxins, parasitic and viral agents that are responsible for diarrheal diseases, concluding that ours was one of the more common kind, a norovirus, passed by hand-to-mouth contact.

“In case you are wondering how the virus gets to the mouth, studies show the average person touches his face 16 times a day,” Dowling said. He added that although no specific treatment exists, dehydration is treated by the intake of



small but repeated fluids. Contaminated surfaces probably remain infectious for days but not weeks, he said.

Heiler's counterattack was directed at possibly contaminated surfaces, beginning in the outpatient area where everything, including the waiting room, was scrubbed and disinfected. "Nobody in the Outpatient Department got sick and we see a lot of people," she said, adding that everyone continually washed hands and used gloves.

The order to close down all activities and to isolate the upstairs came when 10 persons reported sick. As has happened several times in the past few years, the licensed areas were closed off first. No visitors. No water pourers. All patients confined to their rooms.

This was followed shortly by cutting out all activities in the Center. No lectures. No exercise classes. No workouts in the exercise room. No pool. No use of the flower room when several of our arrangers were taken sick. No movies. No meetings. No eating in the dining rooms.

The dining room closures caused a minor upheaval in the food service areas. Because the Magnolia Room and Holly Terrace were immediately closed, all meals were directed to the Arbor Café. The sit-down area of the Café was then closed and all residents ordered to pick up their food in the cafeteria and take it home.

"This meant that we needed a lot of disposable containers and plastic silverware, adding a lot to our paper costs," said Director of Food Service Bernard Queen. Although the regular take-out plastic containers are thoroughly sanitized in the dishwashers when returned by residents, the decision was made to move to paper and styrofoam when the epidemic hit. Upstairs everyone was eating off trays.

Queen said he remembers former quarantines, but none this long or severe. Food service was impacted for two or three days the first week of the outbreak, and then again for a similar length of time in week two. Four or five food service personnel were taken ill. The part-time staff was told to stay home. No one who came down with the bug could return to work for 48 hours after the last "episode."

The food service staff served 81 meals out in the clusters.

The dining rooms were among the areas thoroughly cleaned and sanitized. "Every table and chair was washed," Queen said, adding that every cooking area and counter plus the tray-return area in the Arbor Café were swabbed down. The Housekeeping staff moved into the dining areas to help.

Housekeeping continued out in the clusters, so long as no one in a unit was sick.

The swabbing in the Center involved almost all staff. Julie Sega and Jody Tromble of the Wellness staff spent their days without "customers" washing and disinfecting all the exercise equipment, weight machines, treadmills, stationary bikes, balancing balls, chairs in the various exercise rooms.

It looks like we all survived. Everything is buzzing again, "free at last, free at last."



Chairs blocked entrance to Arbor Café

Life Is Defined by IBM: Before, During and After

By Ted Wilson

Bernie Anderson divides his life into three stages: before IBM, the first 25 years; IBM, 34 years; and post IBM, 23 years and counting. Long before IBM, however, his first American ancestor arrived in Maryland in 1670, as an indentured servant.

Speaking at the Men's Saturday Social Hour, he explained that IBM was not in his original career plan. Born in the Texas area just south of Broadmead and raised in Towson, he attended Catholic schools before entering Johns Hopkins. Following graduation, he worked briefly for Alex Brown.

During a three-year Army commitment he attended the Army Language School in Monterey, CA, where he studied Mandarin Chinese for 46 weeks, leading to assignments in Japan, Okinawa and Formosa (Taiwan) where he listened to and translated Chinese military broadcasts. During this period he met his future wife, his Monterey roommate's sister. They married in 1956 on Bernie's return from the Far East and during 50 years of marriage raised three boys and two girls.

Accepted for study at the Georgetown Foreign Service School but lacking tuition, he sought an interview with IBM to raise money. Finding the IBM work of great interest, plans for Georgetown changed. His work coincided with the advent of IBM's first commercial computer. Hired as a Field Technical Rep, with the responsibility of helping IBM customers design systems for computers, he eventually became a sales representative. His customers included BG&E, the *Baltimore Sun* and the C & P Telephone Co. Transferred in 1965, he moved his family to Bedford Village in upper Westchester County, NY. A number of promotions followed and a need to commute to New York City. Because commuting curtailed family life, he asked for a transfer, which gave him worldwide sales responsibility for the Readers Digest Company.

In the 1980s he was offered a new position as senior instructor in IBM's Advanced

Business Institute (ABI), a graduate level business education program for IBM salesmen, which eventually was extended to IBM customer executives. As part of his training for this job he was sent to executive education programs at the Harvard Business School and the University of Virginia.

He was offered and took an early retirement package in 1989, but continued work as a consultant and educator. He was an Associate Professor at Pace University in White Plains, teaching in the Executive MBA program, and also at Marymount College in its weekend program. In 1993 he and his wife decided to fully retire back to Maryland, settling in Middletown, near Frederick.

On a personal note he recalled knowing a girl named Kitty when both attended Catholic school together in Towson. After graduating from high school in 1948 they went their separate ways to college, to marriage and the rearing of families. Both lost their spouses to illness. Learning of Bemie's loss, Kitty sent a note of condolence. He suggested a lunch date to catch up on their separate lives. One thing led to another and they married in 2006. In 2011 they moved here to Broadmead, where his older brother Lyman was already in residence with his wife Libby.

Saturday Night Performances

7 p.m. - Auditorium

March 17

Documentary on the life of St. Patrick

March 24

Photo travel lecture by Arthur Meyer
(son-in-law of resident Ed Robinson)

March 31

Women's History Month
Black novelist Lena Ampadu
*Co-sponsored with Multicultural
Committee. See page 5*

*Movies will be shown March 3
and March 10. See page 18*

Racial Experinces Shared

By Virginia Schurman

Forty residents, divided into groups of three or four, shared their early experiences of race at a recent program facilitated by Pat Schenck, Quaker author of *Living Our Testimony on Equality. A White Friend's Experience*.

Schenck, a white woman, described her own experiences and asked participants to do the same: to look at whether people of different races were welcome in their homes and at the dinner table; and how their parents influenced racial feelings. Some parents were welcoming and accepting. Others were not.

Many white residents remembered black people as helpers or servants, and reflected on whether that has changed today.

In a whole-group discussion, what it means to be "color blind" was explored. It was noted that people of all races share common experiences as human beings; but that it is helpful to understand the different experiences of blacks and whites in a culture where the personhood of whites has been acknowledged and encouraged while the personhood of African-Americans has not been acknowledged as well.

Schenck said we are still talking about race because of inequities in our culture. The number of hate groups is rising. The percentage of Native-, Hispanic- and African-Americans in prisons is much higher than their percentages in the wider population. There is less chance of being called for a job interview for these groups and less thorough medical diagnosis and treatment. African-Americans are more likely to be concerned about race than whites.

Schenck will return Wednesday, April 11, at 7 p.m. to continue the sharing beyond childhood years. Participation in the first round of dialogue is not required to attend the second, and all are welcome.

The Broadmead Play Readers

will present

The Ugly Duckling

by A.A. Milne

Wednesday, March 7

7 p.m. Auditorium

(Postponed from last month)

Junk Mail

By Ruth S. Williams

I opened my mail box on Monday
With the greatest anticipation.
Would I find a note from Cousin May
Or a letter from a Croatian?

Or perhaps I'd won a million
And they wrote to tell me so
Or might it be a quadrillion?
I certainly would like to know.

The very first thing that I found
Was a catalog for men's shoes.
I hurled it right down to the ground
Along with a large ad for booze.

Republicans and Democrats
Each want my hard earned cash.
So does a shelter for stray cats
And a plan to eliminate trash.

Then there were requests for money
From Save the Tigers, Clean the
Streams,
Protect the Whales, Neuter the
Bunny,
and Help Your Local Soccer Teams.

I am tired of all this Junk Mail
So what am I going to do?
I'll forward it to Cousin Gail
Who has just moved to Timbuktu.



Let's Sing

with Jonathan
Jensen at the Piano

Monday, March 19, 7 p.m.
Lounge

BROADMEAD BRIEFS...

The Residents Association's new **Tours Committee** is looking for ideas. The committee, now composed of Rhoda Dorsey, Helen Davis, Joan Eastman and Judith Hundertmark, is planning excursions in April and October and wants to know where people would like to go, what they would like to see and whether and how they are interested in helping out. Those with suggestions for trips that people will actually sign up for are urged to get their ideas to Judith, either in Box R-11 or at jhundert@comcast.net as soon as possible, so planning can begin. The new committee has replaced long-time trip coordinators Florence Platt and Nancy Warner who decided to "retire".

The Nominating Committee has set a March 24 deadline to receive suggestions for positions on the 2012-2013 Executive and Nominating Committees. Positions to be filled are: president, first and second vice president, secretary and associate secretary, treasurer and associate treasurer, cluster coordinator, two representatives to the Broadmead Board of Trustees and two members of the Nominating Committee. Those who have served only one year in their present positions are eligible for a second year. Recommendations may be made to Bob Davies, Elborg Forster, Penny Partlow, John Robbins or Alma Smith.

Residents Association Treasurer **Bill Reinke** has announced receipt of the Country Store's semi-annual report along with a check for \$5,000, reflecting profits from sales during the first six months of the fiscal year

Chair-sitting and sampling is one of the major chores of the new committee in charge of redecorating the auditorium. The new chairs, which will replace the rust-colored ones which some residents say are uncomfortable, must be stackable and be covered with appropriate fabric. Also to be replaced are the window and stage draperies and the art work. Walls will be repainted and the screen will be raised 24 inches. Serving on the committee are **Linda Chick**, director of Community Services, **Steve Spacek**, maintenance duty man, and residents **Fran Peterson**, **Don Smyth** and **Joyce Griffith**.

Dog Walkers are being urged by Cluster Coordinator Elly Lent to be more diligent about picking up "poop". To assist those who find it difficult to bend down and scoop it up **Suzanne Hopkins** (H-8) has offered to purchase and provide long-handled scoopers.

Copier and shredder issues have been plaguing the BRA office again. Those experiencing copier trouble should call one of those on the list posted over the copier, instead of trying self-help. The copier service company will provide a refresher course for those interested and who sign up on the bulletin board. The **shredder** has too frequently been overloaded and users have not cleaned up the resulting debris.

The latest **Bonus from Jonas** (Rappeport, that is) concerns pistachios. There are always some pistachios in the package whose shells are not open, he said. So place one in your garlic press and apply gentle pressure until the shell cracks; remove the nut and discard the shell. No garlic press? Just call Jonas and he'll hop right over.

Open Forum Discusses Rezoning of Obrecht Land

By Marcia Reinke

A public hearing on the down zoning of the Obrecht property, just north of Broadmead on the west side of York Road, will be held at Loch Raven High School Thursday, March 15, at 7 p.m., County Councilman Todd Huff told an overflow crowd at a late February Open Forum here.

Invited to talk about his first year representing the Third District on the Baltimore County Council and about the proposal for eighty, \$375,000



Todd Huff

townhouses, Huff said he wanted to hear from constituents and welcomed petitions about the requested zoning change from light manufacturing to residential.

"I have no dog in this fight," he said. In answer to a specific question about campaign donations from Obrecht, he said Obrecht, a large landowner and developer in Baltimore County, makes many political donations. "That has nothing to do with anything," he said. "I don't get influenced by outside parties."

Although the county's zoning process involves Planning Board public hearings and other opportunities for constituent input, the final decision remains with the County Council, and most specifically with the councilman in whose district the zoning lies. He agreed that other council members usually go along with what the local representative wants. He noted that the Third District covers a geographic area greater

than the rest of the districts combined, and that he has 71 requests for rezoning before him this year. Rezoning takes place very four years. Zoning votes are scheduled for August.

The majority of the issues raised by the audience, 200 of whom have signed anti-rezoning petitions, dealt with traffic on York Road. Included were exiting Broadmead difficulties, the dangers posed by the two-lane narrow bridge funneling in from the "suicide lane" just to its north, the failure so far to get even a flashing light, and the deep gully just to the northwest.

In connection with the bridge Huff said it "made zero sense" not to widen it during the recent reconstruction on York Road. He also agreed that town houses would increase the number of school children, noting that the new Sparks Elementary School was short 200 spaces when it opened. He said he looks forward to an analysis of whether taxes from the town houses would offset increased servicing costs, and a comparison of tax income versus costs were rezoning to remain as is.

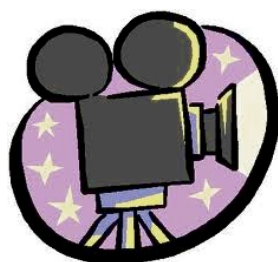
Commenting on his involvement on the County Council this year, he said he initiated a deer management program, which includes snipers at Oregon Ridge and Cromwell Valley, and a ban on panhandlers along York Road. He opposed, but lost, on the school-zone camera issue. In connection with Holly House and its historic designation, he suggested that residents opposed to any changes look into protections afforded by the use of covenants.

BIRD AND NATURE GROUP

Friday, March 30, 1:30 p.m.
Fireplace Room
Lower Level
Everyone Welcome



www.LucyGardner.com



Broadmead Movies

Auditorium at 7 p.m.

Tuesday movies selected by Elborg and Bob
Forster; Saturday by Jeanne Stephenson

Saturday, March 3 **Mary Poppins**

Julie Andrews and Dick Van Dyke. A magical Nanny travels by umbrella and brightens the lives of her charges.

No subtitles

1964 G 139 minutes

Tuesday, March 6 **Julia**

Adaptation of Lillian Hellman's *Pentimento*. Jane Fonda as Lillian Hellman, Vanessa Redgrave as her friend Julia, an anti-Nazi activist, Jason Robards as Lillian's husband Dashiell Hammet. Lillian is drawn into the German resistance through her friendship with Julia. Sub-titles.

1977 G 118 minutes

Saturday, March 10 **The Russians Are Coming**

A Russian submarine runs ashore off Gloucester, Massachusetts. A village child, exploring a church steeple, falls out onto the roof and a Russian sailor rescues him.

Sub-titles

1966 NR 126 minutes

Tuesday, March 13 **Enchanted April**

Two married women act on impulse to rent an Italian villa. Beautifully cast, this is a very romantic film made for British TV.

Sub-titles

1991 PG 92 minutes

Tuesday, March 27 **Cabaret**

An American girl is caught up in pre-WWII Berlin in this film based on Christopher Isherwood's book *Goodbye to Berlin* by Bob Fosse. With Liza Minelli, Michael York,

Helmut Griem, Joel Grey. Eight Oscars.

Sub-titles

1972 PG 128 minutes

Note: There will be no movie on March 20 due to the Barn Sale.

In Memoriam

Frank Craig

June 2, 1911 February 2, 2012

Charles Lovelace

August 17, 1927 February 11, 2012

Men's Saturday Social Hour

9:30 a.m. - Auditorium/Lounge

March 10 and 17

Speakers to be announced

Wear name tags.

Bring \$1 to defray cost of refreshments

Vespers

Sunday, March 18 - 4:30 p.m.

Main Lounge

Rev. Arianne Weeks, Rector

Good Shepherd Episcopal Church

Ruxton

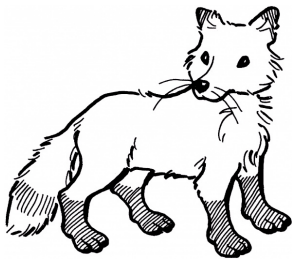
All are welcome.

Friends Meeting for Worship

Sundays at 11 a.m.

Stony Run Board Room

Everyone Welcome



Hither, Thither and Yawn

With Foxy Georgia

Here we are in the year of the Dragon, also Leap Year not to mention the already overdone big time election year. How to compete with all that? Not to try.

Finding solace and comfort in music, I heard the sing-along gang doing the Wiffenpoof song, with that son of old Eli, Bill Waxter, harmonizing (?) with Ginny Cooley and Judith Hundertmark doing a workout at the tables down at Morey's.

Jerry Green was awarded the Golden Word award for the super introduction he gave pianist Lura Johnson before her program. What a wonder she is. Such fantastic fingering dexterity. Bet she can give chop-sticks a fit too.

Wait, there is more music. The Douglas choir back with us again to commemorate Martin Luther King day. In addition to great singing, the choir members are outstanding in community work. We all chatted at dinner together.

As long as we are into the arts, have you seen the delightfully illustrated monthly calendar pages by Debbie in the Hair Factory ?

Here in Hunt Valley, we have our own hunting. Check out the garden ornaments. Rabbits predominate. However, see if you can find the pair of Chinese lions, a rooster, the birds in the bird baths, the dogs carrying baskets, the two ladies, St. Francis, the turtle, the totem bird 'n' rabbit, a revolving sculpture, and that's just a few. Having fun?

Need help with math? Joan Tapley knows how to do percentages. That's one of the advantages of volunteering at the Country Store. Dottie Krug found an orange peeler there. Thought you did that with your finger. How does Cynthia Ballard keep track of the inventory in the sundries section? Such a selection.

Smashing news. Big time re-paving job at the Nancy Warner corner. Looking better than ever....and so is Nancy.

Finally, purple is not the hottest color. Too many Flaccos and Lewises running around loose. But it was heavenly while it lasted, wasn't it? Next comes the wearing of the green. Then Sadie Hawkins day, remember ?

Now that we have all these super new faces to meet, it would be helpful and hospitable to

resurrect that old custom of wearing your name tag on the first day of the month. Easy to do. So how about it?

Susie Fetter, Donna Smith and Sue Carnell conducted a much needed and enjoyable conversation with a sizable interested group about Quaker beliefs and values. Outstanding, ladies! How about getting the Mormon beliefs? There's so much we don't know.

The diversity group, Virginia Schurman and her gang, is to be congratulated for all they do. Also, bringing Pat Schenck to speak with us, putting us in small intimate groups to look at ourselves and to consider how we look at each other, both in our earlier years and today. Have we improved with age?

Speaking of improvements. Welcome better-shaped and better-fitting baskets to hold the crackers for the soup. The lower level entrance hall décor. The cleaned-up Lake Maybe. The appearance of the Toll House. What others can you add?

In retrospect. here's a Valentine to you all, with love from Foxy.

....'nuff said

Monday Book Group Selections

Through June, 2012

Auditorium, 10:30 a.m.

March 5

*Absolutely True Story of a Part
Time Indian*, by Alexie Sherman
Maryland One Book Selection

April 2

The State of Wonder, by Ann Pachett

May 5

The Sisters of Fortune,
by Nancy Coffy Hefferman

June 4

Homer and Langley, by E.L. Doctorow

*Books may be borrowed from
the Bookmobile.*

VOICE OF THE RESIDENTS

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BROADMEAD

A Dynamic Lifestyle Community

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MD 21030

Broadmead.org . 443.578.8010

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Broadmead Barn Sale

13801 York Road, Cockeysville, MD



Friday, March 23

7:30 to 8:30 a.m.

**Employees, Trustees
and Residents Only**

8:30 a.m. to 2:30 p.m.

Open to All

Saturday, March 24

9 a.m. to 12:30 p.m.

Open to All

Bake Shop (Friday only)

Men's and Women's Clothes

(Auditorium and Lounge)

Flea Market This 'n' That

Holiday Shop China Kitchenwares

Furniture

Gifts

Books

Shoes

Picture Frames

Appliances

Jewelry

Linens

Handbags

DVDs, Tapes